

# Intro to Alternative Medicine

**School:** SoCal ROC  
**Course ID:** 467  
**Availability:** Call 310-224-4200  
**Weight:** 0.00kg  
**Dimensions:** 0.00cm x 0.00cm x 0.00cm

## Short Description

**Learn different methods of managing wellness!**

## Description

# Accelerate Your Future at SoCal ROC!

Alternative or Holistic medicine is a form of healing that considers the whole person, mind, body, spirit, and emotions. Students will explore how aspects of alternative healthcare relate/complement traditional medicine.

## Learn Valuable Industry Skills!

This course will include introductions in the following modalities: massage therapy, acupuncture, chiropractic care, Ayurveda, meditation, emotional release therapy, aromatherapy, breath work, chakra balancing, and somatic inquiry.

## Professional Certification Opportunities!

**Designations offered to students completing the Intro to Alternative Medicine course include**

- A Certificate of Competency displaying industry knowledge of alternative medicine and its relation to traditional medicine

## Checkout Potential Career Options!

Healthcare Support Occupations

## Personal Care and Services Occupations

### Massage Therapist

#### Prerequisites

**Thank you for your interest in enrolling in the SoCal ROC Intro to Alternative Medicine course.**

**In order to enroll in the program, students must:**

#### High school

- ? Open to Grade Levels 9-12th

#### Adult

- ? Purchase of solid Turquoise or Teal scrubs (\$25 - \$40) and solid white nurse's shoes or athletic type shoes (\$20 - \$50)  
? Purchase (1) White or Off White 3 piece massage table sheet set (\$20 - \$25)

#### Schedule

**Complete in 1 Semester:** M/W from 4:15pm - 7:00pm

To access the most recent course schedule please call registration or click the link under Course Information. Please be advised schedule is subject to change and dependent on enrollment.

#### High School Info

### Benefits of CTE

After completing courses in CTE, you will have a clearer vision of your future career path and what the next steps will be. Career Technical Education allows high school students to see what options are out there and see first-hand what careers they enjoy and thrive in. Whether you decide to enter the workforce, pursue a trade or apprenticeship, or apply to college, CTE adds to the traditional high school experience and is designed to prepare you for the next

stage in your life.

## **Earn High School Credit!**

You can earn 5 elective credits

## **Ready To Enroll?!**

Call our Career Guidance Specialist or register through your home school counseling offices and receive priority through pre-registration for classes that meet from 1:15 - 4:15 and 4:15 - 7:00 p.m.

### **Course Location**

**In person**

**Address:** 2300 Crenshaw Blvd., Torrance, CA 90501 U.S.

**Phone:** 310-224-4200